

“Healing for the Hurting”



Frequently Asked Questions

If you or someone you care about is struggling with an addiction, you may be curious to learn more about detox and how it can help. Detox is often the first step in the recovery process. Entering a formal detox program can help you or your loved one start on the path to sobriety and begin a healthier, drug-free life.

We've compiled a list of frequently asked questions to help you get to know detox programs and New Outlook Detox.



What is the purpose of detox?

Although detox is usually the first part of a comprehensive recovery plan, it is not a substitute for substance abuse treatment. Rather, it is a professional intervention designed to manage acute intoxication and drug withdrawal symptoms. The goal of detox is to help a person achieve a medically stable, drug-free state and subsequently enter and complete some form of addiction treatment. Detox helps a person avoid potentially life-threatening complications that could arise during acute withdrawal.

What type of program is New Outlook Detox?

Medical detox is an intervention that uses different medications to help ease withdrawal symptoms and minimize complication risks so you remain safe and comfortable while you detox. Our staff provides you with around-the-clock monitoring and supervision during this distressing time.

The Substance Abuse and Mental Health Services Administration (SAMHSA) recommends medical detox for those addicted to alcohol or sedatives, such as benzodiazepines or barbiturates, because the withdrawal syndromes associated with these substances can be potentially fatal, due to seizures. Additionally, SAMHSA advises medical detox for opioid withdrawal due to humanitarian reasons, as withdrawal from these substances can be quite painful and distressing.

How long does detox take?

The length of detox time varies depending on specific factors. Some of the factors include:

-  The specific substances the person is addicted to; different substances have different withdrawal time frames and symptoms.
-  The usual method of administration, e.g. smoking or injecting the drug.
-  The amount of time the person abused the drug.
-  Individual factors, such as age, genetics, mental health, and physical health.



New Outlook Detox

Phone: (256) 888-1234

Website: newoutlookdetox.com

How much does the program cost?

People without insurance have options that can help with some of the financial considerations. We offer scholarships/grants for those unable to afford treatment costs. Our Admissions Coordinator will work with you to see if you are eligible. If you have insurance, there is a good chance that your carrier may provide full coverage for detox. If full coverage is not an option, you may at least receive partial coverage. You should call your insurance company to check your benefits and learn more about your specific plan.

What happens after detox?

Success with treatment is strongly linked to ongoing treatment. We regularly schedule private therapy sessions. We develop an aftercare plan and make arrangements for the transfer into an ongoing treatment program, taking into account your unique needs.

How do I get started?

Referral into New Outlook Detox may be accomplished by the patient, family member, employer, court program, physician, or any other healthcare professional. Our Admissions Coordinator is available from 7:30 am till 5 pm.

When you call, our coordinator will ask basic questions regarding substance use history. Our Admissions Coordinator works with our business office and counselor to assure you receive the quickest service possible. All admissions are voluntary admissions.

Don't wait. Call us today!

(256) 888-1234

Begin your comeback with us!

